

The PASSION Prayer Squares

Philippians 4:6-7 NLT - Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Things I am thankful for..	Things I need God's help with...
Prayer requests for other people...	Things I think God is saying to me...

Bible Reading:

Reflections from Bible Reading:

Prayer square instructions

The PASSION Prayer Squares is a simple tool to help us all in our devotion times with God. The idea is to enable us to be thankful to God for His blessings, to pray for ourselves and others, and to be open that God might speak to us. Below are some general thoughts on how you can use this tool.

Things I am thankful for

This section is about thanking God for all of the many blessings He gives us each day. Take a few moments to write some things down. You can include general things or specific things that come to mind. Then give thanks to God for each one.

Things I need help with

This section is where we pray for ourselves and bring our own prayer needs to God. What do you need help with at the moment? Do you have a health issue? Need a job? Help with a relationship? Help at work? Record them here and take a few moments to bring them to God.

Prayer requests for other people

In this section we can pray for general blessings for our family and friends. We can also bring any prayer requests people have asked us to pray for or for people we know who are going through a difficult time. Take your time and pray through each item for as long as you need.

Things I think God is saying to me

The last section is about being open to God to speak to us as Christians. We can simply pray “God have You got something to say to me?” Often we will have a desire to look up a Bible passage, pray for someone, contact someone, or to help someone as a result of this. Take a few minutes to write down what you think God is saying.

Bible reading and reflections

In the last section we can record any Bible passages we read on the day. An example might be as follows.

Bible reading: John 3:16-17

Reflections: Jesus came to die on the cross for us. The verses said that anyone who believes in Jesus will have eternal life. God sent Jesus in to the world to save the world, not to judge the world. This means I can have eternal life if I trust in Jesus.